



THANAL NEWSLETTER

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May 2024

ECOGROW INITIATIVE
EMPOWERING TRIBAL COMMUNITIES
PLANET VS PLASTIC: EARTH DAY

REGENERATIVE AGRICULTURE
A HOPE FOR TOMORROW

2024





Launch of Innovative Agroecology Training Initiative: Empowering Farmers and Inspiring Youth

On April 18th, we proudly launched a groundbreaking initiative aimed at providing farmers with valuable training in agroecology farming practices. This innovative project is designed to showcase various sustainable farming methods, demonstrate the production of organic manure and pest repellants, and empower farmers with the practical knowledge and skills needed to enhance agricultural sustainability.

The field learning site is not only a hub for farmers but also a center for biodiversity monitoring training for children and youth. By engaging the next generation in environmental stewardship, we aim to nurture future leaders in sustainability. The site boasts a diverse array of vegetables, tubers, and leafy greens, creating a vibrant and dynamic learning environment for all participants.

Many team members from RWDI wholeheartedly joined us during the launch, planting around 180 vegetable saplings on the farm. This initiative marks a significant step forward in our mission to advance agroecology and inspire community-driven environmental action. We look forward to seeing the positive impact this project will have on both the farmers and the youth involved.



Watch Eco Grow Initiative Inauguration Video

https://www.instagram.com/reel/C5_Ck5APsYr/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

Food and Nutrition Training: Empowering Tribal Communities

Our Pathanamthitta team recently conducted a series of food and nutrition training sessions on the 23rd, 25th, 29th, and 30th of this month in the hamlets of Cholanavayal, Kurumbanmoozhi, Manakkayam, and Karikulam. These sessions were specifically designed for tribal beneficiaries, aiming to raise awareness about the importance of nutritious foods and promote overall health within the community.

Led by Mrs. Athira Anil and Mrs. Julie Samuel, both Clinical Nutritionists and Dieticians, the training reached a total of 120 participants, including children and elderly individuals. The primary focus was on educating children, pregnant women, and postnatal women, who often lack knowledge about proper nutrition and its impact on health.

During the sessions, Mrs. Athira and Mrs. Julie emphasized the importance of consuming nutritious foods and maintaining a balanced diet. They provided practical diet plans and food patterns, highlighting the consequences of malnutrition and offering age-appropriate dietary advice for children and the elderly. Additionally, they addressed the specific nutritional needs during and after pregnancy, underscoring the critical role of diet in maternal and infant health.

The interactive nature of the training allowed participants to ask questions and seek clarification on various topics related to nutrition and diet. Mrs. Athira and Mrs. Julie were on hand to provide expert guidance and address all queries, ensuring that the information was accessible and actionable.

Overall, these food and nutrition training workshops were a valuable opportunity for the tribal community to learn about the importance of healthy eating habits. By educating participants on proper nutrition, the sessions aimed to improve their overall well-being and foster a healthier, more informed community.



Symbol of Courage: Ramani- Inspiring Story



Ramani, a beneficiary of the NABARD TDF scheme, has become the proud owner of a petty shop within the last year. Her journey to entrepreneurship is a testament to her resilience and determination in the face of adversity.

Prior to receiving the petty shop, Ramani faced numerous challenges. She was unable to seek employment as she had to care for her husband, Satheesh, who had been bedridden after a fall from a tree. With no income to cover her husband's medical expenses and household needs,

Ramani relied on the kindness of neighbours for support. Despite their best efforts, the burden became too much to bear and even family visits dwindled over time.

Ramani remembers her old days- "Thanks to the intervention of the VPC committee members, my family life took a significant turn. We were struggling to meet our basic needs, especially with my husband's health requiring constant attention. When I was granted the opportunity to own a petty shop through the TDF project, it felt like a lifeline. Now, with the income from the shop, I can manage our household expenses and afford the care my husband needs with newfound independence. This support has truly transformed our lives and given us hope for a better future. I am immensely grateful to everyone involved in making this possible".

In just one year of operating the petty shop, Ramani has made a profit of nearly 70,000 rupees. This success has brought her a sense of security and pride, knowing that she can support her family

without having to seek additional employment. Looking ahead, Ramani is eager to expand the shop further in the coming year, a testament to her entrepreneurial spirit and determination to thrive against all odds.

Ramani's story serves as a symbol of courage and resilience, showcasing the transformative power of support and opportunity in the face of adversity. Her journey is a reminder that with determination and support, anything is possible.



Earth Day Events

Every day, Thanal is dedicated to shaping a brighter future for our planet and communities. Through our ongoing efforts, we're committed to making a positive impact on the environment and empowering individuals to embrace sustainable practices.

Today, in Manivayal, we took another step forward on our journey of environmental education and action. With the participation of twelve enthusiastic students, we conducted an engaging Earth Day campaign focused on raising awareness about the harmful effects of pesticides on crops, the environment, and human health. Through informative sessions and hands-on activities, we inspired these young minds to become stewards of our planet, advocating for greener, healthier practices within their community.



In Puthiyathura, as part of Earth Day 2024, we hosted a session titled "Plastic Vs. Planet" for the students of the Oceans Students Community. By addressing the pressing issue of plastic pollution and exploring sustainable solutions, we are empowering the next generation to protect our oceans and environment.

From educational campaigns to community engagement, Thanal is dedicated to making a difference every day. Together, let's continue to strive for a more sustainable, compassionate future for all.

Manivayal's Vegetable Harvest Festival Sets a model for all...



തളിർ

SUMMER CAMP

06-10 | ജവഹർ നഗർ,
MAY 2024 | കവടിയാർ



തളിർ സംഘടനയുടെ
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In the month of May, Thanal will be hosting a summer camp for children aged 10 to 16 from May 6 to May 10. Since its inception in 1986, Thanal has been dedicated to fostering environmental consciousness among students and reconnecting them with nature. While our focus has expanded over the years to include efforts against pesticides, promotion of organic farming, zero waste initiatives and addressing climate change, we have always remained committed to organising camps for children. Unfortunately, due to various reasons, we were unable to do so after 2019. However, we are thrilled to announce that we have decided to revive this tradition once again.

Given the current challenges of climate change, waste management issues, and the precarious state of farming in Kerala, we believe it is imperative to engage and educate young minds about the importance of safe food practices, environmental conservation and sustainable living. Through this summer camp, we hope to instil a love for nature, create an interest in activities like farming and composting and help foster a connection with the natural world. This camp represents a small yet meaningful step towards our ongoing commitment to both nature and the well-being of our future generations.



Your donation, no matter how small, shall make a difference towards a greener, more equitable future. Thank you for considering our cause. Together, let's create a planet where environmental health and justice prevail..

Account Details Account name :Thanal

Account number : 21780100017799

Bank name : Federal Bank, Sasthamangalam

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People Planet

Sustainability

Crafting Change for the Future